



14. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 16.06.2012

□□□□

Killerbienen

□□□: 17:09:51

□□: 13

□□: 9.96 km/h

□□□□: 6:01 min/km

□□: 171.10 km

Blankenstein-Hörschel

□□□□□: 218 (of 236)

□□□□□□: 10:23:23

□□□□:

□□□□□: 11(of 15)

Frauenstaffel

□□□□□□□: 12:49:50

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.50	1:47:33	6:08	13	35:59	217	44:59	17.50	1:47:33	6:08	9	35:59	237	44:59
Schildwiese	19.80	1:50:52	5:35	9	26:17	190	43:30	37.30	3:38:25	5:51	9	1:02:16	237	1:28:29
Neuhaus	16.50	1:54:38	6:56	15	41:54	227	55:35	53.80	5:33:03	6:11	9	1:39:07	237	2:19:16
Masserberg	18.10	1:50:01	6:04	12	32:36	204	53:21	71.90	7:23:04	6:09	9	2:11:43	237	3:04:52
Allzunah	17.20	1:47:04	6:13	10	20:49	157	41:41	89.10	9:10:08	6:10	9	2:32:32	237	3:46:33
Grenzdler	20.00	2:12:25	6:37	14	44:53	231	1:02:03	109.10	11:22:33	6:15	9	3:16:01	237	4:41:34
Neue Ausspanne	13.90	1:13:14	5:16	7	12:49	115	24:47	123.00	12:35:47	6:08	9	3:28:50	237	5:05:01
Kleiner Inselsber	14.00	1:20:26	5:44	10	14:41	140	30:38	137.00	13:56:13	6:06	9	3:43:31	237	5:34:56
Hohe Sonne	19.40	1:50:19	5:41	12	28:06	205	42:30	156.40	15:46:32	6:03	9	4:11:37	237	6:17:26
Hörschel	14.70	1:23:19	5:40	7	18:25	146	34:50	171.10	17:09:51	6:01	11	4:20:01	220	6:46:28