



14. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 16.06.2012

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Team Skatstadtmarathon

□□□: 16:12:33

□□: 52

□□: 10.55 km/h

□□□□: 5:41 min/km

□□: 171.10 km

Blankenstein-Hörschel

□□□□□: 176 (of 236)

□□□□□□: 10:23:23

□□□□:

□□□□□: 133(of 149)

Männerstaffel

□□□□□□□: 10:23:23

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Grumbach	17.50	1:37:37	5:34	127	35:03	185	35:03	17.50	1:37:37	5:34	136	35:03	209	35:03
Schildwiese	19.80	1:41:36	5:07	99	34:14	141	34:14	37.30	3:19:13	5:20	136	1:09:17	209	1:09:17
Neuhaus	16.50	1:29:14	5:24	88	30:11	113	30:11	53.80	4:48:27	5:21	136	1:34:40	209	1:34:40
Masserberg	18.10	1:58:44	6:33	143	1:02:04	225	1:02:04	71.90	6:47:11	5:39	136	2:28:59	209	2:28:59
Allzunah	17.20	1:36:44	5:37	81	31:21	99	31:21	89.10	8:23:55	5:39	136	3:00:20	209	3:00:20
Grenzdler	20.00	1:45:39	5:16	107	35:17	147	35:17	109.10	10:09:34	5:35	136	3:28:35	209	3:28:35
Neue Ausspanne	13.90	1:12:17	5:12	93	23:50	109	23:50	123.00	11:21:51	5:32	136	3:51:05	209	3:51:05
Kleiner Inselsber	14.00	1:27:36	6:15	131	37:48	191	37:48	137.00	12:49:27	5:36	136	4:28:10	209	4:28:10
Hohe Sonne	19.40	1:43:53	5:21	116	36:04	172	36:04	156.40	14:33:20	5:35	136	5:04:14	209	5:04:14
Hörschel	14.70	1:39:13	6:44	140	50:44	215	50:44	171.10	16:12:33	5:41	134	5:49:10	178	5:49:10