



# 14. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 16.06.2012

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Kurzschlussströme

□□□: 19:40:12

□□: 69

□□: 8.69 km/h

□□□□: 6:54 min/km

□□: 171.10 km

Blankenstein-Hörschel

□□□□□: 232 (of 236)

□□□□□□: 10:23:23

□□□□:

□□□□□: 69(of 72)

Mixstaffel

□□□□□□□: 11:49:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.50	2:05:20	7:09	69	57:08	233	1:02:46	17.50	2:05:20	7:09	22	29:06	237	1:02:46
Schildwiese	19.80	1:56:34	5:53	64	41:53	211	49:12	37.30	4:01:54	6:29	22	18:39	237	1:51:58
Neuhaus	16.50	2:48:26	10:12	72	1:38:32	236	1:49:23	53.80	6:50:20	7:37	22	1:22:38	237	3:36:33
Masserberg	18.10	1:44:58	5:47	49	36:27	181	48:18	71.90	8:35:18	7:10	22	1:36:43	237	4:17:06
Allzunah	17.20	2:34:55	9:00	72	1:24:53	236	1:29:32	89.10	11:10:13	7:31	22	2:06:47	237	5:46:38
Grenzdler	20.00	1:52:29	5:37	47	40:56	182	42:07	109.10	13:02:42	7:10	22	1:49:12	237	6:21:43
Neue Ausspanne	13.90	1:37:13	6:59	66	35:54	227	48:46	123.00	14:39:55	7:09	22	2:09:36	237	7:09:09
Kleiner Inselsber	14.00	1:31:09	6:30	57	33:10	210	41:21	137.00	16:11:04	7:05	22	2:16:18	237	7:49:47
Hohe Sonne	19.40	1:53:09	5:49	64	42:23	218	45:20	156.40	18:04:13	6:55	22	2:36:33	237	8:35:07
Hörschel	14.70	1:35:59	6:31	59	31:56	205	47:30	171.10	19:40:12	6:53	70	7:50:15	234	9:16:49