



# 14. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 16.06.2012

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Ringer vom KSV Pausa

□□□: 13:40:50

□□: 152

□□: 12.50 km/h

□□□□: 4:48 min/km

□□: 171.10 km

Blankenstein-Hörschel

□□□□□: 38 (of 236)

□□□□□□: 10:23:23

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□□□□□: 31(of 149)

Männerstaffel

□□□□□□□: 10:23:23

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.50	1:18:36	4:29	32	16:02	41	16:02	17.50	1:18:36	4:29	31	16:02	47	16:02
Schildwiese	19.80	1:34:18	4:45	65	26:56	89	26:56	37.30	2:52:54	4:38	31	42:58	47	42:58
Neuhaus	16.50	1:19:32	4:49	40	20:29	49	20:29	53.80	4:12:26	4:41	22	58:39	36	58:39
Masserberg	18.10	1:19:21	4:23	14	22:41	22	22:41	71.90	5:31:47	4:36	31	1:13:35	47	1:13:35
Allzunah	17.20	1:22:26	4:47	19	17:03	24	17:03	89.10	6:54:13	4:38	31	1:30:38	47	1:30:38
Grenzdler	20.00	1:35:14	4:45	57	24:52	76	24:52	109.10	8:29:27	4:40	31	1:48:28	47	1:48:28
Neue Ausspanne	13.90	1:09:26	4:59	76	20:59	84	20:59	123.00	9:38:53	4:42	31	2:08:07	47	2:08:07
Kleiner Inselsber	14.00	1:11:58	5:08	58	22:10	77	22:10	137.00	10:50:51	4:45	31	2:29:34	47	2:29:34
Hohe Sonne	19.40	1:32:09	4:45	62	24:20	79	24:20	156.40	12:23:00	4:45	31	2:53:54	47	2:53:54
Hörschel	14.70	1:17:50	5:17	81	29:21	102	29:21	171.10	13:40:50	4:47	31	3:17:27	38	3:17:27