



14. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 16.06.2012

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AOL 04 Altensteiner Oberland

□□: 204

□□: 171.10 km

Blankenstein-Hörschel

□□□□□: DSQ (of 236)

□□□□□□: 10:23:23

□□□□:

Männerstaffel

□□□□□: DSQ(of 149)

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Grumbach	17.50	1:13:21	4:11	13	10:47	17	10:47	17.50	1:13:21	4:11	54	10:47	80	10:47
Schildwiese	19.80	1:40:00	5:03	93	32:38	132	32:38	37.30	2:53:21	4:38	54	43:25	80	43:25
Neuhaus	16.50	1:37:55	5:56	119	38:52	166	38:52	53.80	4:31:16	5:02	52	1:17:29	76	1:17:29
Masserberg	18.10	2:27:35	8:09	149	1:30:55	236	1:30:55	71.90	6:58:51	5:49	54	2:40:39	80	2:40:39
Allzunah	17.20	1:30:03	5:14	49	24:40	62	24:40	89.10	8:28:54	5:42	54	3:05:19	80	3:05:19
Grenzdler	20.00	1:26:36	4:19	18	16:14	26	16:14	109.10	9:55:30	5:27	54	3:14:31	80	3:14:31
Neue Ausspanne	13.90	1:00:12	4:19	19	11:45	19	11:45	123.00	10:55:42	5:19	54	3:24:56	80	3:24:56
Kleiner Inselsber	14.00	1:04:55	4:38	25	15:07	31	15:07	137.00	12:00:37	5:15	54	3:39:20	80	3:39:20
Hohe Sonne	19.40	1:15:48	3:54	7	7:59	9	7:59	156.40	13:16:25	5:05	54	3:47:19	80	3:47:19
Hörschel	14.70	1:09:32	4:43	33	21:03	39	21:03	171.10	-	-	-	-	-	-