



# 14. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 16.06.2012

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FPL-Team Schmeheim & Freunde

□□□: 14:27:33

□□: 224

□□: 11.83 km/h

□□□□: 5:04 min/km

□□: 171.10 km

Blankenstein-Hörschel

□□□□□: 67 (of 236)

□□□□□□: 10:23:23

□□□□:

□□□□□: 53(of 149)

Männerstaffel

□□□□□□□: 10:23:23

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
Grumbach	17.50	1:24:30	4:49	60	21:56	77	21:56	17.50	1:24:30	4:49	55	21:56	81	21:56
Schildwiese	19.80	1:20:08	4:02	15	12:46	17	12:46	37.30	2:44:38	4:24	55	34:42	81	34:42
Neuhaus	16.50	1:15:05	4:33	21	16:02	26	16:02	53.80	3:59:43	4:27	55	45:56	81	45:56
Masserberg	18.10	1:46:06	5:51	126	49:26	189	49:26	71.90	5:45:49	4:48	55	1:27:37	81	1:27:37
Allzunah	17.20	1:41:27	5:53	97	36:04	122	36:04	89.10	7:27:16	5:01	55	2:03:41	81	2:03:41
Grenzadler	20.00	1:58:13	5:54	136	47:51	197	47:51	109.10	9:25:29	5:10	55	2:44:30	81	2:44:30
Neue Ausspanne	13.90	1:02:57	4:31	32	14:30	35	14:30	123.00	10:28:26	5:06	55	2:57:40	81	2:57:40
Kleiner Inselsber	14.00	1:08:15	4:52	44	18:27	54	18:27	137.00	11:36:41	5:05	55	3:15:24	81	3:15:24
Hohe Sonne	19.40	1:29:05	4:35	46	21:16	59	21:16	156.40	13:05:46	5:01	55	3:36:40	81	3:36:40
Hörschel	14.70	1:21:47	5:33	96	33:18	129	33:18	171.10	14:27:33	5:04	54	4:04:10	68	4:04:10