



14. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 16.06.2012

0000

fat fighters

00: 74

00: 171.10 km

Blankenstein-Hörschel

0000:

Mixstaffel

000: 15:27:43

00: 11.07 km/h

0000: 5:25 min/km

00000: 133 (of 236)

000000: 10:23:23

00000: 21(of 72)

0000000: 11:49:57

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Grumbach	17.50	1:31:25	5:13	36	23:13	139	28:51	17.50	1:31:25	5:13	71		237	28:51
Schildwiese	19.80	1:39:01	5:00	32	24:20	123	31:39	37.30	3:10:26	5:06	71		237	1:00:30
Neuhaus	16.50	1:32:19	5:35	27	22:25	134	33:16	53.80	4:42:45	5:15	71		237	1:28:58
Masserberg	18.10	1:32:06	5:05	22	23:35	99	35:26	71.90	6:14:51	5:12	71		237	1:56:39
Allzunah	17.20	1:44:47	6:05	29	34:45	146	39:24	89.10	7:59:38	5:22	71		237	2:36:03
Grenzadler	20.00	1:40:39	5:01	27	29:06	115	30:17	109.10	9:40:17	5:19	71		237	2:59:18
Neue Ausspanne	13.90	1:18:31	5:38	26	17:12	150	30:04	123.00	10:58:48	5:21	71		237	3:28:02
Kleiner Inselsber	14.00	1:21:56	5:51	31	23:57	151	32:08	137.00	12:20:44	5:24	71		237	3:59:27
Hohe Sonne	19.40	1:42:47	5:17	44	32:01	165	34:58	156.40	14:03:31	5:23	71		237	4:34:25
Hörschel	14.70	1:24:12	5:43	37	20:09	155	35:43	171.10	15:27:43	5:25	21	3:37:46	134	5:04:20