



14. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 16.06.2012

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Dolmarhoppers

□□□: 14:38:39

□□: 189

□□: 11.68 km/h
□□□□: 5:08 min/km

□□: 171.10 km

Blankenstein-Hörschel

□□□□□: 78 (of 236)

□□□□□□: 10:23:23

□□□□:

□□□□□: 62(of 149)

Männerstaffel

□□□□□□□: 10:23:23

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.50	1:32:09	5:15	102	29:35	143	29:35	17.50	1:32:09	5:15	64	29:35	96	29:35
Schildwiese	19.80	1:51:39	5:38	126	44:17	194	44:17	37.30	3:23:48	5:27	64	1:13:52	96	1:13:52
Neuhaus	16.50	1:38:01	5:56	120	38:58	168	38:58	53.80	5:01:49	5:36	64	1:48:02	96	1:48:02
Masserberg	18.10	1:22:52	4:34	30	26:12	42	26:12	71.90	6:24:41	5:21	64	2:06:29	96	2:06:29
Allzunah	17.20	1:27:44	5:06	33	22:21	42	22:21	89.10	7:52:25	5:18	64	2:28:50	96	2:28:50
Grenzadler	20.00	1:42:36	5:07	91	32:14	127	32:14	109.10	9:35:01	5:16	64	2:54:02	96	2:54:02
Neue Ausspanne	13.90	1:11:16	5:07	83	22:49	94	22:49	123.00	10:46:17	5:15	64	3:15:31	96	3:15:31
Kleiner Inselsber	14.00	1:07:29	4:49	39	17:41	49	17:41	137.00	11:53:46	5:12	64	3:32:29	96	3:32:29
Hohe Sonne	19.40	1:36:34	4:58	84	28:45	115	28:45	156.40	13:30:20	5:10	64	4:01:14	96	4:01:14
Hörschel	14.70	1:08:19	4:38	27	19:50	32	19:50	171.10	14:38:39	5:08	63	4:15:16	79	4:15:16