



## 2. Sparkasse Oberhessen Charity Triathlon (Einzel)

Büdingen / 24.06.2012

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Rodewald, Kai

□□□: 1:40:10

□□: SV Gelnhausen

□□: 12

□□: 37.25 km

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Jedermann-Triathlon Power-Distanz (0,75-29,0-7,5) □□□□□: 10 (of 37)

□□□□□□: 1:25:22

□□□□:

□□□□□: 3(of 5)

AK4 männlich

□□□□□□□: 1:25:22

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□□□

| □□□             | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Schwimmen       | 0.75     | 15:51    | 21:07        | 2       | 0:35    | 11      | 3:47    | 0.75  | 15:51     | 21:07     | 3             | 0:35    | 27      |         |         |
| Schwimmen □□□   | 0.75     | 15:51    |              |         |         |         |         |       |           |           |               |         |         |         |         |
| Zwischen Rad 2  | 4.90     | 11:06    | 2:15         | 3       | 1:38    | 13      | 1:38    | 5.65  | 26:57     | 4:46      | 3             | 2:11    | 27      |         |         |
| Zwischen Rad 3  | 4.90     | 6:15     | 1:16         | 3       | 0:36    | 12      | 0:40    | 10.55 | 33:12     | 3:08      | 3             | 2:47    | 27      |         |         |
| Zwischen Rad 2  | 4.90     | 9:03     | 1:50         | 3       | 1:23    | 13      | 1:23    | 15.45 | 42:15     | 2:44      | 3             | 4:10    | 27      |         |         |
| Zwischen Rad 3  | 4.90     | 6:09     | 1:15         | 3       | 0:37    | 10      | 0:37    | 20.35 | 48:24     | 2:22      | 3             | 4:47    | 27      |         |         |
| Zwischen Rad 2  | 4.90     | 9:01     | 1:50         | 3       | 1:22    | 13      | 1:22    | 25.25 | 57:25     | 2:16      | 3             | 6:09    | 26      |         |         |
| Zwischen Rad 3  | 3.30     | 6:20     | 1:55         | 3       | 0:44    | 12      | 0:44    | 28.55 | 1:03:45   | 2:13      | 3             | 6:53    | 26      |         |         |
| Rad             | 1.20     | 3:39     | 3:02         | 3       | 1:09    | 21      | 1:09    | 29.75 | 1:07:24   | 2:15      | 4             | 8:02    | 20      |         |         |
| Rad □□□         | 29.00    | 51:33    |              |         |         |         |         |       |           |           |               |         |         |         |         |
| Zwischen Lauf 2 | 2.50     | 8:46     | 3:30         | 3       | 1:18    | 12      | 1:18    | 32.25 | 1:16:10   | 2:21      | 3             | 9:20    | 27      |         |         |
| Zwischen Lauf 3 | 2.80     | 2:19     | 0:49         | 3       | 0:27    | 14      | 0:27    | 35.05 | 1:18:29   | 2:14      | 3             | 9:47    | 27      |         |         |
| Lauf            | 2.20     | 21:41    | 9:51         | 3       | 5:01    | 15      | 10:49   | 37.25 | 1:40:10   | 2:41      | 3             | 14:48   | 11      | 33:05   |         |
| Lauf □□□        | 36.50    | 1:40:10  |              |         |         |         |         |       |           |           |               |         |         |         |         |