



2. Sparkasse Oberhessen Charity Triathlon (Einzel)

Büdingen / 24.06.2012

0000

Steinmetz, Thomas

000: 1:59:32

00: SSV Heilsberg

00: 40

00: 37.25 km

00000/000: 39 (of 56)

Jedermann-Triathlon Power-Distanz (0,75-29,0-7,5) 000/0: 31 (of 37)

000000: 1:25:22

0000:

00000: 12(of 12)

Senioren 2 MK45

0000000: 1:28:26

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|-----------------|-------|---------|--------|----|-------|----|-------|-------|---------|--------|----|-------|----|-------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Schwimmen | 0.75 | 24:24 | 32:31 | 12 | 12:20 | 35 | 12:20 | 0.75 | 24:24 | 32:31 | 12 | 10:34 | 14 | 4:33 |
| Schwimmen 000 | 0.75 | 24:24 | | | | | | | | | | | | |
| Zwischen Rad 2 | 4.90 | 13:10 | 2:41 | 11 | 3:06 | 31 | 3:42 | 5.65 | 37:34 | 6:38 | 12 | 13:40 | 14 | 5:02 |
| Zwischen Rad 3 | 4.90 | 7:34 | 1:32 | 11 | 1:35 | 33 | 1:59 | 10.55 | 45:08 | 4:16 | 12 | 15:15 | 14 | 5:32 |
| Zwischen Rad 2 | 4.90 | 10:31 | 2:08 | 11 | 2:33 | 32 | 2:51 | 15.45 | 55:39 | 3:36 | 12 | 17:48 | 14 | 5:35 |
| Zwischen Rad 3 | 4.90 | 7:12 | 1:28 | 11 | 1:14 | 33 | 1:40 | 20.35 | 1:02:51 | 3:05 | 12 | 19:02 | 14 | 6:02 |
| Zwischen Rad 2 | 4.90 | 10:27 | 2:07 | 11 | 2:27 | 30 | 2:48 | 25.25 | 1:13:18 | 2:54 | 12 | 21:29 | 14 | 6:07 |
| Zwischen Rad 3 | 3.30 | 7:19 | 2:13 | 12 | 1:19 | 33 | 1:43 | 28.55 | 1:20:37 | 2:49 | 12 | 22:41 | 14 | 6:22 |
| Rad | 1.20 | 4:22 | 3:38 | 12 | 1:40 | 33 | 1:52 | 29.75 | 1:24:59 | 2:51 | 12 | 24:21 | 15 | 6:54 |
| Rad 000 | 29.00 | 1:00:35 | | | | | | | | | | | | |
| Zwischen Lauf 2 | 2.50 | 9:23 | 3:45 | 6 | 1:35 | 17 | 1:55 | 32.25 | 1:34:22 | 2:55 | 12 | 25:56 | 14 | 6:38 |
| Zwischen Lauf 3 | 2.80 | 2:31 | 0:53 | 9 | 0:35 | 22 | 0:39 | 35.05 | 1:36:53 | 2:45 | 12 | 26:31 | 14 | 10:05 |
| Lauf | 2.20 | 22:39 | 10:17 | 5 | 4:35 | 17 | 11:47 | 37.25 | 1:59:32 | 3:12 | 12 | 31:06 | 32 | 52:27 |
| Lauf 000 | 36.50 | 1:59:32 | | | | | | | | | | | | |