



## 2. Sparkasse Oberhessen Charity Triathlon (Einzel)

Büdingen / 24.06.2012

0000

Heidemann, Silke

000: 1:06:48

00: TSV Amiticia Viernheim

00: 201

00: 25.55 km

00000/000: 7 (of 99)

Jedermann-Triathlon (0,55-20,0-5,0)

00000/0: 1 (of 29)

000000: 1:06:48

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00000: 1(of 5)

Seniorinnen 1 WK40

0000000: 1:06:48

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| 000             | 00    | 00      | 00     | 00 | 00 | 00 | 00 | 000   | 000     | 000    | 00 | 00 | 00 | 00   |
|-----------------|-------|---------|--------|----|----|----|----|-------|---------|--------|----|----|----|------|
|                 | km    | 00      | min/km | -  | -  | 0  | 0  | km    | 00      | min/km | -  | -  | 0  | 0    |
| Schwimmen       | 0.55  | 10:06   | 18:21  | 1  | -  | 1  | -  | 0.55  | 10:06   | 18:21  | 1  | -  | 29 |      |
| Schwimmen 000   | 0.55  | 10:06   |        |    |    |    |    |       |         |        |    |    |    |      |
| Zwischen Rad 2  | 5.00  | 10:30   | 2:06   | 1  | -  | 1  | -  | 5.55  | 20:36   | 3:42   | 1  | -  | 29 |      |
| Zwischen Rad 3  | 3.70  | 6:24    | 1:43   | 1  | -  | 1  | -  | 9.25  | 27:00   | 2:55   | 1  | -  | 29 |      |
| Zwischen Rad 2  | 5.00  | 8:32    | 1:42   | 1  | -  | 1  | -  | 14.25 | 35:32   | 2:29   | 1  | -  | 15 |      |
| Zwischen Rad 3  | 5.00  | 6:39    | 1:19   | 1  | -  | 1  | -  | 19.25 | 42:11   | 2:11   | 1  | -  | 15 |      |
| Rad             | 1.30  | 3:01    | 2:19   | 1  | -  | 1  | -  | 20.55 | 45:12   | 2:11   | 1  | -  | 29 |      |
| Rad 000         | 20.00 | 35:06   |        |    |    |    |    |       |         |        |    |    |    |      |
| Zwischen Lauf 2 | 2.50  | 8:36    | 3:26   | 1  | -  | 1  | -  | 23.05 | 53:48   | 2:20   | 1  | -  | 29 |      |
| Strafzeit       | -     | fehlt!  | -      | -  | -  | -  | -  | 23.05 | -       | -      | -  | -  | -  | -    |
| Lauf            | 2.50  | 13:00   | 5:12   | 1  | -  | 1  | -  | 25.55 | 1:06:48 | 2:36   | 1  | -  | 2  | 5:42 |
| Lauf 000        | 25.00 | 1:06:48 |        |    |    |    |    |       |         |        |    |    |    |      |