



14. Allersheimer MTB-Marathon
Holzminden/ Neuhaus i.S. / 01.07.2012

□□□□

Fuhrländer, Frank

□□□: 2:14:17

□□: Fahrradies Racing Team Essen

□□: 21.89 km/h

□□: 173

□□: 49.00 km

□□□□□/□□□: 28 (of 150)

Mitteldistanz

□□□□□/□: 27 (of 135)

□□□□□□: 1:53:08

□□□□:

□□□□□: 4(of 19)

Senioren II

□□□□□□□: 2:02:54

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Steinborn (VP1) | 11.10 | 31:29 | 20.96 | 4 | 2:35 | 25 | 5:21 | 11.10 | 31:29 | 20.96 | 17 | | 28 | 5:21 |
| Donnershagen (\ | 16.00 | 48:54 | 19.63 | 4 | 3:57 | 29 | 8:04 | 27.10 | 1:20:23 | 20.15 | 17 | | 28 | 13:25 |
| Turm Silberborn | 16.40 | 44:19 | 21.66 | 5 | 4:19 | 31 | 7:06 | 43.50 | 2:04:42 | 20.69 | 17 | | 27 | 19:43 |
| □□ | 5.50 | 9:35 | 31.30 | 3 | 0:32 | 22 | 1:26 | 49.00 | 2:14:17 | 21.89 | 4 | 11:23 | 27 | 21:09 |