



14. Allersheimer MTB-Marathon

Holzminden/ Neuhaus i.S. / 01.07.2012

0000

van Veen, Jorn

00: Het Twentse Ros

00: 35

00: 98.00 km

Langdistanz

0000:

Herren

000: 4:17:44

00: 22.81 km/h

00000/000: 10 (of 39)

00000/0: 10 (of 36)

000000: 3:53:51

00000: 4(of 6)

0000000: 3:53:51

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Steinborn (VP1)	11.10	28:06	23.49	3	1:56	8	2:01	11.10	28:06	23.49	4	1:56	29	
Donnershagen (\	16.00	44:10	21.74	3	3:04	7	3:04	27.10	1:12:16	22.42	4	4:35	29	
Turm Silberborn	16.40	42:12	22.75	3	3:34	9	3:38	43.50	1:54:28	22.54	4	8:07	27	
Haus des Gastes	5.50	10:51	27.65	6	1:54	35	5:26	49.00	2:05:19	23.46	3	9:46	19	
Steinborn (VP1)	11.10	29:24	22.45	3	1:06	8	1:06	60.10	2:34:43	23.27	4	10:52	19	
Donnershagen (\	16.00	48:30	19.79	4	5:13	11	5:56	76.10	3:23:13	22.44	4	16:05	25	
Turm Silberborn	16.40	44:52	21.40	3	6:44	9	6:44	92.50	4:08:05	22.25	4	22:49	25	
00	5.50	9:39	31.09	3	1:04	8	1:07	98.00	4:17:44	22.81	4	23:53	10	23:53