



14. Allersheimer MTB-Marathon
Holzminden/ Neuhaus i.S. / 01.07.2012

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Kickert, Frank

□□□: 4:38:57

□□: DTSwiss / TSVE Bielefeld

□□: 21.08 km/h

□□: 45

□□: 98.00 km

□□□□□/□□□: 13 (of 39)

Langdistanz

□□□□□/□: 13 (of 36)

□□□□□□: 3:53:51

□□□□:

□□□□□: 2(of 8)

Senioren I

□□□□□□□: 4:05:44

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	31:34	21.10	2	4:15	15	5:29	11.10	31:34	21.10	2	4:15	33	
Donnershagen (\	16.00	50:15	19.10	2	7:12	15	9:09	27.10	1:21:49	19.87	2	11:27	33	
Turm Silberborn	16.40	44:22	22.18	2	4:33	15	5:48	43.50	2:06:11	20.68	2	16:00	33	
Haus des Gastes	5.50	9:47	33.73	4	4:22	17	4:22	49.00	2:15:58	21.62	2	17:07	33	
Steinborn (VP1)	11.10	34:42	19.19	2	5:43	15	6:24	60.10	2:50:40	21.13	2	22:50	32	
Donnershagen (\	16.00	50:45	18.92	2	5:17	12	8:11	76.10	3:41:25	20.62	2	28:07	22	
Turm Silberborn	16.40	47:01	20.93	2	4:22	13	8:53	92.50	4:28:26	20.68	2	32:29	22	
□□	5.50	10:31	31.38	3	0:44	17	1:59	98.00	4:38:57	21.08	2	33:13	13	45:06