



14. Allersheimer MTB-Marathon
Holzminden/ Neuhaus i.S. / 01.07.2012

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Coenen, Clemens

□□: Stevens 29er Power

□□: 4

□□: 98.00 km

Langdistanz

□□□□:

Masters männlich

□□□: 4:43:22

□□: 20.75 km/h

□□□□□/□□□: 16 (of 39)

□□□□□/□: 15 (of 36)

□□□□□□: 3:53:51

□□□□□: 6(of 17)

□□□□□□□: 3:54:09

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	31:28	20.97	6	5:23	13	5:23	11.10	31:28	20.97	11			36
Donnershagen (\	16.00	48:42	19.71	7	7:09	14	7:36	27.10	1:20:10	20.21	11			35
Turm Silberborn	16.40	44:35	21.53	8	6:01	17	6:01	43.50	2:04:45	20.68	11			36
Haus des Gastes	5.50	9:14	32.49	6	0:38	11	3:49	49.00	2:13:59	21.94	11			35
Steinborn (VP1)	11.10	35:04	18.82	6	6:38	16	6:46	60.10	2:49:03	21.30	7	25:17		35
Donnershagen (\	16.00	56:06	17.11	10	13:32	21	13:32	76.10	3:45:09	20.25	7	38:01		19
Turm Silberborn	16.40	47:11	20.35	6	8:42	15	9:03	92.50	4:32:20	20.27	7	46:43		19
□□	5.50	11:02	27.19	11	2:30	24	2:30	98.00	4:43:22	20.75	6	49:13	15	49:31