



14. Allersheimer MTB-Marathon

Holzminden/ Neuhaus i.S. / 01.07.2012

□□□□

Hazewikel, Roy

□□□: 5:06:41

□□: Het Twentse Ros

□□: 19.17 km/h

□□: 11

□□: 98.00 km

□□□□□/□□□: 25 (of 39)

Langdistanz

□□□□□/□: 24 (of 36)

□□□□□□: 3:53:51

□□□□:

□□□□□: 5(of 8)

Senioren I

□□□□□□□: 4:05:44

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	33:09	20.09	4	5:50	20	7:04	11.10	33:09	20.09	5	5:50	8	
Donnershagen (\	16.00	1:01:32	15.60	8	18:29	34	20:26	27.10	1:34:41	17.17	5	24:19	8	0:26
Turm Silberborn	16.40	48:10	20.43	5	8:21	26	9:36	43.50	2:22:51	18.27	5	32:40	8	
Haus des Gastes	5.50	5:25	60.92	1	-	1	-	49.00	2:28:16	19.83	5	29:25	8	
Steinborn (VP1)	11.10	40:33	16.42	8	11:34	34	12:15	60.10	3:08:49	19.10	5	40:59	8	
Donnershagen (\	16.00	57:14	16.77	4	11:46	22	14:40	76.10	4:06:03	18.56	5	52:45	8	
Turm Silberborn	16.40	49:32	19.87	4	6:53	19	11:24	92.50	4:55:35	18.78	5	59:38	8	
□□	5.50	11:06	29.73	6	1:19	26	2:34	98.00	5:06:41	19.17	5	1:00:57	24	1:12:50