



14. Allersheimer MTB-Marathon

Holzminden/ Neuhaus i.S. / 01.07.2012

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van Zutphen, Raymond

□□□: 5:07:18

□□: Het Twentse Ros

□□: 19.13 km/h

□□: 36

□□: 98.00 km

□□□□□/□□□: 26 (of 39)

Langdistanz

□□□□□/□: 25 (of 36)

□□□□□□: 3:53:51

□□□□:

□□□□□: 11(of 17)

Masters männlich

□□□□□□□: 3:54:09

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	33:12	19.88	11	7:07	22	7:07	11.10	33:12	19.88	7	1:32	9	
Donnershagen (\	16.00	53:25	17.97	11	11:52	25	12:19	27.10	1:26:37	18.70	7	4:34	9	
Turm Silberborn	16.40	48:38	19.74	12	10:04	27	10:04	43.50	2:15:15	19.08	7	9:06	9	
Haus des Gastes	5.50	10:00	30.00	11	1:24	22	4:35	49.00	2:25:15	20.24	7	9:19	9	
Steinborn (VP1)	11.10	35:18	18.70	8	6:52	18	7:00	60.10	3:00:33	19.94	11	36:47	9	
Donnershagen (\	16.00	1:02:01	15.48	13	19:27	30	19:27	76.10	4:02:34	18.80	11	55:26	9	
Turm Silberborn	16.40	51:36	18.60	12	13:07	24	13:28	92.50	4:54:10	18.76	11	1:08:33	9	
□□	5.50	13:08	22.84	16	4:36	32	4:36	98.00	5:07:18	19.13	11	1:13:09	25	1:13:27