



14. Allersheimer MTB-Marathon
Holzminden/ Neuhaus i.S. / 01.07.2012

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Wall, Manja

□□□: 5:13:31

□□: RSV Bruchhausen-Vilsen/Team Schmodder Querfeldein
□□: 38

□□: 98.00 km
Langdistanz

□□□□□/□□□: 27 (of 39)

□□□□□/□: 2 (of 3)

□□□□□□: 4:55:40

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□□□□□: 1(of 2)

Masters weiblich

□□□□□□□: 5:13:31

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	32:21	20.40	1	-	1	-	11.10	32:21	20.40	1	-	2	
Donnershagen (\	16.00	51:59	18.47	1	-	1	-	27.10	1:24:20	19.21	1	-	2	
Turm Silberborn	16.40	48:42	19.71	1	-	2	1:27	43.50	2:13:02	19.39	1	-	2	
Haus des Gastes	5.50	10:17	29.17	1	-	1	-	49.00	2:23:19	20.51	1	-	2	
Steinborn (VP1)	11.10	36:39	18.01	1	-	2	0:55	60.10	2:59:58	20.00	1	-	2	
Donnershagen (\	16.00	1:10:11	13.68	2	12:10	3	16:53	76.10	4:10:09	18.23	1	-	2	13:29
Turm Silberborn	16.40	50:56	18.85	1	-	2	2:51	92.50	5:01:05	18.33	1	-	2	16:20
□□	5.50	12:26	24.13	2	1:31	3	1:31	98.00	5:13:31	18.75	1	-	2	17:51