



14. Allersheimer MTB-Marathon

Holzminden/ Neuhaus i.S. / 01.07.2012

0000

ter Horst, Hans

00: Het Twentse Ros

00: 28

00: 98.00 km

Langdistanz

0000:

Masters männlich

000: 5:16:30

00: 18.58 km/h

00000/000: 30 (of 39)

00000/0: 27 (of 36)

000000: 3:53:51

00000: 12(of 17)

0000000: 3:54:09

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Steinborn (VP1)	11.10	33:30	19.70	13	7:25	27	7:25	11.10	33:30	19.70	3	1:50	11	
Donnershagen (\	16.00	1:04:51	14.80	17	23:18	36	23:45	27.10	1:38:21	16.47	6	16:18	11	4:06
Turm Silberborn	16.40	49:31	19.39	14	10:57	31	10:57	43.50	2:27:52	17.45	6	21:43	11	4:25
Haus des Gastes	5.50	10:10	29.51	12	1:34	24	4:45	49.00	2:38:02	18.60	6	22:06	11	4:08
Steinborn (VP1)	11.10	38:37	17.09	12	10:11	27	10:19	60.10	3:16:39	18.31	12	52:53	11	3:37
Donnershagen (\	16.00	58:02	16.54	11	15:28	25	15:28	76.10	4:14:41	17.90	12	1:07:33	11	3:39
Turm Silberborn	16.40	51:20	18.70	11	12:51	23	13:12	92.50	5:06:01	18.04	12	1:20:24	11	0:23
00	5.50	10:29	28.62	7	1:57	16	1:57	98.00	5:16:30	18.58	12	1:22:21	27	1:22:39