



14. Allersheimer MTB-Marathon

Holzminden/ Neuhaus i.S. / 01.07.2012

0000

ter Laak, Tim

000: 5:34:03

00: Het Twentse Ros

00: 17.60 km/h

00: 29

00: 98.00 km

00000/000: 34 (of 39)

Langdistanz

00000/0: 31 (of 36)

000000: 3:53:51

0000:

00000: 14(of 17)

Masters männlich

0000000: 3:54:09

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|-----------------|-------|---------|-------|----|-------|----|-------|-------|---------|-------|----|---------|----|---------|
| | km | 00 | km/h | - | - | 0 | 0 | km | 00 | km/h | - | - | 0 | 0 |
| Steinborn (VP1) | 11.10 | 36:23 | 18.14 | 15 | 10:18 | 32 | 10:18 | 11.10 | 36:23 | 18.14 | 4 | 4:43 | 16 | |
| Donnershagen (\ | 16.00 | 57:31 | 16.69 | 15 | 15:58 | 29 | 16:25 | 27.10 | 1:33:54 | 17.25 | 4 | 11:51 | 16 | |
| Turm Silberborn | 16.40 | 51:49 | 18.53 | 15 | 13:15 | 32 | 13:15 | 43.50 | 2:25:43 | 17.71 | 4 | 19:34 | 16 | 2:16 |
| Haus des Gastes | 5.50 | 10:30 | 28.57 | 16 | 1:54 | 32 | 5:05 | 49.00 | 2:36:13 | 18.82 | 4 | 20:17 | 16 | 2:19 |
| Steinborn (VP1) | 11.10 | 39:55 | 16.53 | 14 | 11:29 | 31 | 11:37 | 60.10 | 3:16:08 | 18.35 | 14 | 52:22 | 16 | 3:06 |
| Donnershagen (\ | 16.00 | 1:04:22 | 14.91 | 14 | 21:48 | 31 | 21:48 | 76.10 | 4:20:30 | 17.50 | 14 | 1:13:22 | 15 | 9:28 |
| Turm Silberborn | 16.40 | 1:01:27 | 15.62 | 15 | 22:58 | 32 | 23:19 | 92.50 | 5:21:57 | 17.15 | 14 | 1:36:20 | 15 | 16:19 |
| 00 | 5.50 | 12:06 | 24.79 | 15 | 3:34 | 31 | 3:34 | 98.00 | 5:34:03 | 17.60 | 14 | 1:39:54 | 31 | 1:40:12 |