



14. Allersheimer MTB-Marathon

Holzminden/ Neuhaus i.S. / 01.07.2012

□□□□

van Melsen, Jeroen

□□□: 5:36:50

□□: MTB Team De Flexwinkel

□□: 17.46 km/h

□□: 34

□□: 98.00 km

□□□□□/□□□: 36 (of 39)

Langdistanz

□□□□□/□: 33 (of 36)

□□□□□□: 3:53:51

□□□□:

□□□□□: 16(of 17)

Masters männlich

□□□□□□□: 3:54:09

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	38:21	17.21	17	12:16	35	12:16	11.10	38:21	17.21	2	6:41	18	1:39
Donnershagen (\	16.00	1:01:14	15.68	16	19:41	33	20:08	27.10	1:39:35	16.27	2	17:32	18	5:20
Turm Silberborn	16.40	54:07	17.74	17	15:33	35	15:33	43.50	2:33:42	16.79	2	27:33	18	10:15
Haus des Gastes	5.50	10:50	27.69	17	2:14	33	5:25	49.00	2:44:32	17.87	2	28:36	18	10:38
Steinborn (VP1)	11.10	39:34	16.68	13	11:08	29	11:16	60.10	3:24:06	17.64	16	1:00:20	18	11:04
Donnershagen (\	16.00	1:05:04	14.75	16	22:30	33	22:30	76.10	4:29:10	16.94	16	1:22:02	17	18:08
Turm Silberborn	16.40	56:35	16.97	14	18:06	30	18:27	92.50	5:25:45	16.95	16	1:40:08	17	20:07
□□	5.50	11:05	27.07	12	2:33	25	2:33	98.00	5:36:50	17.46	16	1:42:41	33	1:42:59