



6. thüringen ULTRA

Fröttstädt / 07.07.2012

0000

Kohlbrok, Michael

00: streakrunner.de

00: 54

00: 100.22 km

Thüringen Ultra

0000:

Männer M45

000: 15:40:13

00: 6.38 km/h

0000: 9:23 min/km

00000/000: 168 (of 191)

00000/0: 154 (of 175)

000000: 8:42:52

00000: 39(of 43)

0000000: 9:44:22

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Glasbachwiese	27.39	3:18:18	7:14	28	51:14	112	56:58	27.39	3:18:18	7:14	19		161	
Floh-Seligenthal	27.74	4:02:55	8:45	39	1:36:42	163	1:46:18	55.13	7:21:13	8:00	19		160	1:40:19
Finsterbergen	22.03	4:06:00	11:09	43	1:53:55	162	2:09:01	77.16	11:27:13	8:54	19		156	4:52:15
Fröttstädt	23.06	4:13:00	10:58	40	2:03:10	158	2:11:35	100.22	15:40:13	9:22	39	5:55:51	154	6:57:21