



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

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Kull, Andreas

□□□: 1:04:52

□□: HSV Weimar

□□: 183

□□: 21.30 km

□□□□□/□□□: 2 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

□□□□□/□: 2 (of 105)

□□□□□□: 1:03:47

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□□□□□: 1(of 14)

Senioren 2, TM 50

□□□□□□□: 1:04:52

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Schwimmen	0.30	5:33	18:30	1	-	15	0:52	0.30	5:33	18:30	15	-	106	0:37
Schwimmen □□□	0.30	5:33												
Rad	16.00	39:21	2:27	1	-	2	0:48	16.30	44:54	2:45	15	-	104	0:40
Rad □□□	16.00	39:21												
Lauf	5.00	19:58	3:59	1	-	2	1:13	21.30	1:04:52	3:02	1	-	2	1:05
Lauf □□□	21.00	1:04:52												