



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

□□□□

**Müller, Annett**

□□□: 1:27:37

□□: RSC Waltershausen-Gotha e.V.

□□: 177

□□: 21.30 km

□□□□□/□□□: 65 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

□□□□□/□: 3 (of 16)

□□□□□□: 1:22:57

□□□□:

□□□□□: 2(of 3)

AK 2, TW 30

□□□□□□□: 1:25:08

□□□□

□□□□

□□□

| □□□           | □□    | □□      | □□     | □□ | □□   | □□ | □□   | □□□   | □□□     | □□□    | □□ | □□   | □□ | □□   |
|---------------|-------|---------|--------|----|------|----|------|-------|---------|--------|----|------|----|------|
|               | km    | □□      | min/km | -  | -    | □  | □    | km    | □□      | min/km | -  | -    | □  | □    |
| Schwimmen     | 0.30  | 7:25    | 24:43  | 2  | 0:31 | 8  | 1:27 | 0.30  | 7:25    | 24:43  | 1  | -    | 17 | 0:05 |
| Schwimmen □□□ | 0.30  | 7:25    |        |    |      |    |      |       |         |        |    |      |    |      |
| Rad           | 16.00 | 53:32   | 3:20   | 1  | -    | 2  | 1:56 | 16.30 | 1:00:57 | 3:44   | 1  | -    | 17 |      |
| Rad □□□       | 16.00 | 53:32   |        |    |      |    |      |       |         |        |    |      |    |      |
| Lauf          | 5.00  | 26:40   | 5:20   | 2  | 2:14 | 7  | 3:13 | 21.30 | 1:27:37 | 4:06   | 2  | 2:29 | 3  | 4:40 |
| Lauf □□□      | 21.00 | 1:27:37 |        |    |      |    |      |       |         |        |    |      |    |      |