



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

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Team Besenwagen

□□: 514

□□: 38.60 km

Staffel Cross Triathlon (0.6/28,0/10,0 km)

□□□□□: DSQ (of 46)

□□□□□□: 2:10:59

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□□□□□: DSQ(of 46)

Cross Triathlon Staffel

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Schwimmen	0.60	19:13	32:01	46	8:51	46	8:51	0.60	19:13	32:01	47	6:32	47	6:32
Schwimmen □□□	0.60	19:13												
Rad	28.00	1:19:10	2:49	3	19:04	3	19:04	28.60	1:38:23	3:26	46		46	
Rad □□□	28.00	1:19:10												
Lauf	10.00	1:02:52	6:17	45	28:01	45	28:01	38.60	-	-	-	-	-	-
Lauf □□□	38.00	2:41:15												