



11. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 15.07.2012

□□□□

Sportteam - STEINBACH Meiningen □□□: 3:16:53

□□: 548

□□: 38.60 km

Staffel Cross Triathlon (0.6/28,0/10,0 km)

□□□□□: 37 (of 46)

□□□□□□: 2:10:59

□□□□:

□□□□□: 37(of 46)

Cross Triathlon Staffel

□□□□□□□: 2:10:59

□□□□

□□□□

□□□

| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|---------------|-------|---------|--------|----|---------|-----|---------|-------|---------|--------|----|---------|-----|---------|
| | km | □□ | min/km | - | - | □□□ | □□□ | km | □□ | min/km | - | - | □□□ | □□□ |
| Schwimmen | 0.60 | 13:43 | 22:51 | 18 | 3:21 | 18 | 3:21 | 0.60 | 13:43 | 22:51 | 47 | 1:02 | 47 | 1:02 |
| Schwimmen □□□ | 0.60 | 13:43 | | | | | | | | | | | | |
| Rad | 28.00 | 2:15:54 | 4:51 | 42 | 1:15:48 | 42 | 1:15:48 | 28.60 | 2:29:37 | 5:13 | 46 | 14:46 | 46 | 14:46 |
| Rad □□□ | 28.00 | 2:15:54 | | | | | | | | | | | | |
| Lauf | 10.00 | 47:16 | 4:43 | 19 | 12:25 | 19 | 12:25 | 38.60 | 3:16:53 | 5:06 | 39 | 1:23:56 | 39 | 1:23:56 |
| Lauf □□□ | 38.00 | 3:16:53 | | | | | | | | | | | | |