

bewegungs-WELT Bike-Marathon Arnstadt Arnstadt-Siegelbach / 22.07.2012



Bärwald, Ralf □□□: 2:34:25 □□: BMK Saaletal □□: 13.60 km/h

□□: 187

□□□: 28(of 32)
Senioren 2 □□□□: 1:49:57

	km		km/h	-	-			km		km/h	-	-		
Schleife A	21.90	1:35:28	13.20	29	28:35	95	39:45	21.90	1:35:28	13.20	6	18:07	91	39:45
Schleife A	13.00	57:43	13.51	24	16:03	81	21:18	34.90	2:33:11	13.32	6	29:00	36	20:52
	0.10	1:14	0.00	31	1:07	98	1:08	35.00	2:34:25	13.60	28	44:28	91	1:01:45