



# bewegungs-WELT Bike-Marathon Arnstadt

Arnstadt-Siegelbach / 22.07.2012

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Schulze, Michael

□□□: 3:27:43

□□: Ironman Großbrüchter e.V.

□□: 16.46 km/h

□□: 157

□□□□: 3:38 min/km

□□: 57.00 km

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Ambitioniert

□□□□□/□: 25 (of 38)

□□□□□□: 2:36:59

□□□□:

□□□□□: 11(of 13)

Senioren 1

□□□□□□□: 2:38:13

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| □□□        | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Schleife A | 21.90    | 1:09:48  | 3:11         | 10      | 52:44   | 23      | 52:44   | 21.90 | 1:09:48   | 3:11          | 11      | 11:15   | 6       |         |
| Schleife A | 13.00    | 47:51    | 3:40         | 10      | 33:40   | 26      | 33:40   | 34.90 | 1:57:39   | 3:22          | 11      | 22:28   | 6       |         |
| Schleife A | 22.00    | 1:29:43  | 4:04         | 10      | 1:26:41 | 26      | 1:26:41 | 56.90 | 3:27:22   | 3:38          | 11      | 49:26   | 6       |         |
| □□         | 0.10     | 0:21     | 3:29         | 8       | 0:04    | 19      | 0:04    | 57.00 | 3:27:43   | 3:38          | 11      | 49:30   | 25      | 50:44   |