



bewegungs-WELT Bike-Marathon Arnstadt

Arnstadt-Siegelbach / 22.07.2012

0000

Heimer, Heike

000: 4:19:43

00: RC Radlexpress Feucht

00: 13.17 km/h

00: 260

0000: 4:34 min/km

00: 57.00 km

00000/000: 42 (of 44)

Ambitioniert

00000/0: 5 (of 6)

000000: 3:31:34

0000:

00000: 4(of 4)

Seniorinnen

0000000: 3:44:38

0000

0000

000

| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|------------|-------|---------|--------|----|-------|----|-------|-------|---------|--------|----|-------|----|-------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Schleife A | 21.90 | 1:38:02 | 4:28 | 4 | 18:56 | 6 | 20:02 | 21.90 | 1:38:02 | 4:28 | 4 | 18:56 | 5 | 20:02 |
| Schleife A | 13.00 | 59:38 | 4:35 | 4 | 8:27 | 5 | 12:45 | 34.90 | 2:37:40 | 4:31 | 4 | 27:23 | 5 | 32:47 |
| Schleife A | 22.00 | 1:41:42 | 4:37 | 4 | 8:11 | 5 | 15:23 | 56.90 | 4:19:22 | 4:33 | 4 | 35:07 | 5 | 48:10 |
| 00 | 0.10 | 0:21 | 3:29 | 1 | - | 1 | - | 57.00 | 4:19:43 | 4:33 | 4 | 35:05 | 5 | 48:09 |