



9. Lorsche Triathlon

Lorsch / 12.08.2012

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Böhm, Oliver

□□□: 1:12:35

□□: Bickenbach

□□: 279

Enduro E Bike

□□□□□/□□□: 83 (of 307)

□□□□□/□: 78 (of 251)

□□□□□□: 1:02:08

□□□□:

□□□□□: 8(of 13)

männl. AK 2 (TM 25-29)

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|------------------|-------|---------|--------|----|------|-----|------|-------|---------|--------|----|------|-----|-------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| Schwimmen | 0.50 | 10:20 | 20:40 | 9 | 1:59 | 86 | 3:05 | 0.50 | 10:20 | 20:40 | 14 | 0:29 | 251 | 1:35 |
| Schwimmen □□□ | 0.50 | 10:20 | | | | | | | | | | | | |
| Wechsel Schw.-R | 0.25 | 1:59 | 7:56 | 4 | 0:30 | 31 | 0:34 | 0.75 | 12:19 | 16:25 | 13 | 0:17 | 4 | 1:39 |
| Rad | 20.00 | 36:58 | 1:50 | 10 | 4:12 | 87 | 6:41 | 20.75 | 49:17 | 2:22 | 14 | 0:32 | 250 | 6:13 |
| Rad □□□ | 20.25 | 38:57 | | | | | | | | | | | | |
| Laufrunde 2,5 kn | 2.50 | 11:44 | 4:41 | 11 | 2:28 | 104 | 2:43 | 23.25 | 1:01:01 | 2:37 | 14 | 0:51 | 248 | 7:41 |
| Lauf | 2.50 | 11:34 | 4:37 | 8 | 2:32 | 87 | 2:37 | - | 1:12:35 | - | 8 | 7:43 | 78 | 10:27 |
| Lauf □□□ | 0.00 | 1:12:35 | | | | | | | | | | | | |