



# 9. Lorsche Triathlon

Lorsch / 12.08.2012

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Neil, Stephanie

000: 1:20:52

00: Mühlthal

00: 324

Enduro E Bike

00000/000: 183 (of 307)

00000/0: 24 (of 56)

000000: 1:04:35

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00000: 2(of 7)

Seniorinnen 1 (TW 40-44)

0000000: 1:13:46

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen	0.50	11:04	22:07	3	1:48	18	4:08	0.50	11:04	22:07	8	1:48	57	
Schwimmen 000	0.50	11:04												
Wechsel Schw.-R	0.25	2:43	10:52	2	0:28	26	1:03	0.75	13:47	18:22	8	2:16	57	
Rad	20.00	39:15	1:57	2	0:38	18	5:27	20.75	53:02	2:33	8	2:54	57	
Rad 000	20.25	41:58												
Laufrunde 2,5 kn	2.50	13:57	5:34	2	2:22	35	3:47	23.25	1:06:59	2:52	8	5:16	57	
Lauf	2.50	13:53	5:33	2	1:50	34	3:42	-	1:20:52	-	2	7:06	24	16:17
Lauf 000	0.00	1:20:52												