



9. Lorsche Triathlon

Lorsch / 12.08.2012

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Tauchmann, Stfan

□□□: 1:08:33

□□: Worms

□□: 364

Enduro E Bike

□□□□□/□□□: 33 (of 307)

□□□□□/□: 32 (of 251)

□□□□□□: 1:02:08

□□□□:

□□□□□: 4(of 52)

Senioren 1 (TM 40-44)

□□□□□□□: 1:03:36

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| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|------------------|-------|---------|--------|----|------|----|------|-------|---------|--------|----|------|-----|------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| Schwimmen | 0.50 | 10:09 | 20:18 | 12 | 2:04 | 73 | 2:54 | 0.50 | 10:09 | 20:18 | 52 | | 251 | 1:24 |
| Schwimmen □□□ | 0.50 | 10:09 | | | | | | | | | | | | |
| Wechsel Schw.-R | 0.25 | 2:21 | 9:24 | 12 | 0:39 | 78 | 0:56 | 0.75 | 12:30 | 16:40 | 50 | | 245 | 1:50 |
| Rad | 20.00 | 33:08 | 1:39 | 2 | 1:01 | 13 | 2:51 | 20.75 | 45:38 | 2:11 | 51 | 1:21 | 250 | 2:34 |
| Rad □□□ | 20.25 | 35:29 | | | | | | | | | | | | |
| Laufrunde 2,5 kn | 2.50 | 11:19 | 4:31 | 19 | 1:19 | 79 | 2:18 | 23.25 | 56:57 | 2:26 | 51 | 2:08 | 248 | 3:37 |
| Lauf | 2.50 | 11:36 | 4:38 | 22 | 1:49 | 91 | 2:39 | - | 1:08:33 | - | 4 | 4:57 | 32 | 6:25 |
| Lauf □□□ | 0.00 | 1:08:33 | | | | | | | | | | | | |