



9. Lorsche Triathlon

Lorsch / 12.08.2012

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Team Böhm, Schuck & Schmitteckert □□□: 1:26:03

□□: Team Böhm, Schuck & Schmitteckert

□□: 358

□□: 25.75 km

Triathlonstaffel

□□□□:

Triathlon-Staffel

□□□□□/□□□: 17 (of 21)

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□□□□□□: 1:03:04

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|------------------|-------|---------|--------|----|-------|-----|-------|-------|---------|--------|----|-------|-----|-------|
| | km | □□ | min/km | - | - | □□□ | □□□ | km | □□ | min/km | - | - | □□□ | □□□ |
| Schwimmen | 0.50 | 12:39 | 25:18 | 14 | 5:55 | 14 | 5:55 | 0.50 | 12:39 | 25:18 | 5 | 0:13 | 5 | 0:13 |
| Schwimmen □□□ | 0.50 | 12:39 | | | | | | | | | | | | |
| Wechsel Schw.-R | 0.25 | 2:38 | 10:31 | 19 | 1:23 | 19 | 1:23 | 0.75 | 15:17 | 20:22 | 6 | 1:05 | 6 | 1:05 |
| Rad | 20.00 | 44:53 | 2:14 | 19 | 44:12 | 19 | 44:12 | 20.75 | 1:00:10 | 2:53 | 6 | 9:41 | 6 | 9:41 |
| Rad □□□ | 20.25 | 47:31 | | | | | | | | | | | | |
| Laufrunde 2,5 km | 2.50 | 13:04 | 5:13 | 16 | 4:33 | 16 | 4:33 | 23.25 | 1:13:14 | 3:08 | 6 | 10:50 | 6 | 10:50 |
| Lauf | 2.50 | 12:49 | 5:07 | 11 | 4:02 | 11 | 4:02 | 25.75 | 1:26:03 | 3:20 | 17 | 22:59 | 17 | 22:59 |
| Lauf □□□ | 25.25 | 1:26:03 | | | | | | | | | | | | |