



9. Lorsche Triathlon

Lorsch / 12.08.2012

Team

Team Hoecker, Eller & Kraus

Time: 1:18:06

Rank: 351

Speed: 19.21 km/h

Efficiency: 3:02 min/km

Distance: 25.75 km

Triathlonstaffel

Participants: 13 (of 21)

Team Time: 1:03:04

Staffel

Participants: 13 (of 21)

Triathlon-Staffel

Team Time: 1:03:04

Discipline

Rank

Time

Discipline	km	Time	min/km	Rank	Time	Rank	Time	km	Time	min/km	Rank	Time	Rank	Time
Schwimmen	0.50	12:40	25:19	16	5:56	16	5:56	0.50	12:40	25:19	10	0:14	10	0:14
Rad	20.25	36:44	1:48	5	2:24	5	2:24	20.75	49:24	2:22	10		10	
Lauf	5.00	28:42	5:44	18	11:24	18	11:24	25.75	1:18:06	3:01	13	15:02	13	15:02