



10. EppsteinTrails  
Eppstein / 19.08.2012

□□□□

Rietz, Kay

□□: Mülheim-Kärlich  
□□: 2055

□□: 60.00 km  
Mittelstrecke

□□□□:  
Senioren 2

□□□: 5:14:31

□□: 11.45 km/h

□□□□□/□□□: 39 (of 81)

□□□□□/□: 36 (of 77)

□□□□□□: 3:16:45

□□□□□: 16(of 33)

□□□□□□□: 3:56:04

□□□□

□□□□

□□□

| □□□    | □□<br>km | □□<br>□□ | □□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□<br>km | □□□<br>□□ | □□□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|--------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| □□ 1   | 15.00    | 58:52    | 15.29      | 25      | 19:13   | 62      | 23:27   | 15.00     | 58:52     | 15.29       | 15      | 5:00    | 25      | 2:21    |
| □□ 2   | 15.00    | 1:29:45  | 10.03      | 21      | 26:00   | 46      | 32:48   | 30.00     | 2:28:37   | 12.11       | 4       | 24:55   | 26      | 22:12   |
| □□ 3   | 15.00    | 1:00:30  | 14.88      | 23      | 52:08   | 45      | 52:08   | 45.00     | 3:29:07   | 12.91       | 4       | 36:42   | 23      | 40:36   |
| □□□ □□ | 15.00    | 1:45:24  | 8.54       | 15      | 1:44:42 | 34      | 1:44:42 | 60.00     | 5:14:31   | 11.45       | 16      | 1:18:27 | 36      | 1:57:46 |