



13. SKS Bike-Marathon Rund um Zierenberg

Zierenberg / 19.08.2012

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Hedderich, Frank

□□□: 2:41:32

□□: Kaufungen

□□: 19.69 km/h

□□: 281

□□: 53.00 km

□□□□□/□□□: 111 (of 325)

Halbmarathon

□□□□□/□: 110 (of 315)

□□□□□□: 1:55:21

□□□□:

□□□□□: 35(of 82)

Masters 1

□□□□□□□: 1:55:21

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Kontrolle A	7.00	29:07	14.42	35	9:07	122	9:25	7.00	29:07	14.42	69		117	4:45
Kontrolle B	33.00	1:42:10	19.38	33	27:16	104	27:19	40.00	2:11:17	18.28	68		110	36:23
Ziel	13.00	30:15	25.79	47	9:48	158	9:48	53.00	2:41:32	19.69	35	46:11	112	46:11