

13. SKS Bike-Marathon Rund um Zierenberg 2ierenberg / 19.08.2012



Bender, Frank □□□: 2:50:58 □□: Willingen □□: 18.60 km/h

□□: 357

______: 155 (of 325) □□: 53.00 km _______: 153 (of 315) Halbmarathon

> [][][]: 1:55:21 □□□□: 55(of 132)

____: 1:55:44 Masters 2

km	ПП	km/h	_	_	П	П	km	ПП	km/h	_	_	П	П			

	km		km/h	-	-			km		km/h	-	-			
Kontrolle A	7.00	32:47	12.81	79	12:22	201	13:05	7.00	32:47	12.81	55		157	8:25	
Kontrolle B	33.00	1:49:39	18.06	57	34:48	157	34:48	40.00	2:22:26	16.85	52	47:10	150	47:32	
Ziel	13.00	28:32	27.34	43	8:04	117	8:05	53.00	2:50:58	18.60	57	55:14	155	55:37	