

13. SKS Bike-Marathon Rund um Zierenberg T3. 5K5 DIKE-MAI CALLS Zierenberg / 19.08.2012



Hesse, Oliver □□□: 2:57:32 □□: Essen □□: 17.91 km/h

□□: 100

_____: 183 (of 325) □□: 53.00 km _______: 180 (of 315) Halbmarathon

[][][]: 1:55:21

|||||: 65(of 132) ____: 1:55:44 Masters 2

	km		km/h	-	-			km		km/h	-	-		
Kontrolle A	7.00	35:49	11.73	108	15:24	265	16:07	7.00	35:49	11.73	67	2:00	187	11:27
Kontrolle B	33.00	1:53:06	17.51	62	38:15	176	38:15	40.00	2:28:55	16.12	64	53:39	180	54:01
Ziel	13.00	28:37	27.26	45	8:09	120	8:10	53.00	2:57:32	17.91	67	1:01:48	182	1:02:11