



13. SKS Bike-Marathon Rund um Zierenberg

Zierenberg / 19.08.2012

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Griebel, Harald

□□□: 3:07:55

□□: RV 99 Kassel

□□: 16.92 km/h

□□: 236

□□: 53.00 km

□□□□□/□□□: 227 (of 325)

Halbmarathon

□□□□□/□: 220 (of 315)

□□□□□□: 1:55:21

□□□□:

□□□□□: 4(of 9)

Masters 4

□□□□□□□: 2:49:15

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Kontrolle A	7.00	33:21	12.59	5	4:24	210	13:39	7.00	33:21	12.59	4	4:24	226	8:59
Kontrolle B	33.00	2:01:22	16.31	4	12:53	225	46:31	40.00	2:34:43	15.51	4	17:17	219	59:49
Ziel	13.00	33:12	23.49	3	3:45	221	12:45	53.00	3:07:55	16.92	4	18:40	222	1:12:34