



Schindler, Lutz

□□: MSV Eintracht Halberstadt

□□: 637

□□: 9.60 km Ilsesteinlauf

Senioren M65 (65-69 Jahre)

□□□: 46:42

□□: 11.56 km/h

□□□□: 4:52 min/km

\_\_\_\_\_\_ 39 (of 174)

\_\_\_\_/\_: 34 (of 112)

[][][]: 34:18

□□□□: 1(of 10)

\_\_\_\_: 46:42

	km		min/km	-	-			km		min/km	-	-		
Ilsestein	4.10	23:14	5:40	1	-	30	6:35	4.10	23:14	5:40	1	-	35	6:35
Loddenke	2.20	9:20	4:14	1	-	36	2:26	6.30	32:34	5:10	1	-	35	9:01
llsenburg/Markt	3.30	14:08	4:16	1	-	35	3:23	9.60	46:42	4:51	1	-	34	12:24