



42. Brockenlauf

Ilseburg / 01.09.2012

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Stelter, Tobias

□□: Müritzsportclub Waren

□□: 40

□□: 26.20 km

Brockenlauf

□□□□:

Männer (20-29 Jahre)

□□□: 2:11:39

□□: 11.85 km/h

□□□□: 5:01 min/km

□□□□□/□□□: 60 (of 426)

□□□□□/□: 58 (of 371)

□□□□□□: 1:42:20

□□□□□: 14(of 37)

□□□□□□□: 1:42:20

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 16:11 | 4:54 | 15 | 3:45 | 60 | 3:45 | 3.30 | 16:11 | 4:54 | 33 | - | 59 | 3:45 |
| Schlüsie | 3.10 | 17:18 | 5:34 | 14 | 3:52 | 45 | 3:52 | 6.40 | 33:29 | 5:13 | 34 | - | 61 | 7:37 |
| Hermannsklippe | 2.60 | 14:54 | 5:43 | 13 | 3:09 | 40 | 3:09 | 9.00 | 48:23 | 5:22 | 34 | - | 61 | 10:46 |
| Brocken | 3.10 | 23:48 | 7:40 | 14 | 5:42 | 39 | 5:42 | 12.10 | 1:12:11 | 5:57 | 34 | - | 61 | 16:28 |
| Eiserner Handwe | 3.60 | 16:14 | 4:30 | 16 | 3:34 | 82 | 4:16 | 15.70 | 1:28:25 | 5:37 | 34 | - | 61 | 20:02 |
| Schlüsie | 4.10 | 15:55 | 3:52 | 20 | 3:20 | 108 | 3:59 | 19.80 | 1:44:20 | 5:16 | 34 | - | 61 | 23:22 |
| Loddenke | 3.10 | 13:07 | 4:13 | 21 | 2:54 | 114 | 2:54 | 22.90 | 1:57:27 | 5:07 | 34 | - | 61 | 26:16 |
| Ilseburg/Markt | 3.30 | 14:12 | 4:18 | 17 | 3:03 | 92 | 3:03 | 26.20 | 2:11:39 | 5:01 | 14 | 29:19 | 58 | 29:19 |