



42. Brockenlauf

Ilseburg / 01.09.2012

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Schulte, Gabriele

□□: Marathonclub Walsrode
 □□: 119

□□: 26.20 km
 Brockenlauf

□□□□:
 Seniorinnen W45 (45-49 Jahre)

□□□: 2:23:23

□□: 10.88 km/h
 □□□□: 5:28 min/km

□□□□□/□□□□: 139 (of 426)

□□□□□/□: 6 (of 55)

□□□□□□: 2:09:06

□□□□□: 1(of 14)

□□□□□□□: 2:23:23

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	17:35	5:19	1	-	6	2:10	3.30	17:35	5:19	1	-	34	
Schlüsie	3.10	18:29	5:57	1	-	5	1:16	6.40	36:04	5:38	1	-	34	
Hermannsklippe	2.60	17:12	6:36	1	-	8	1:35	9.00	53:16	5:55	1	-	34	
Brocken	3.10	28:22	9:09	1	-	8	3:53	12.10	1:21:38	6:44	1	-	33	
Eiserner Handwe	3.60	17:16	4:47	1	-	6	2:36	15.70	1:38:54	6:17	1	-	33	
Schlüsie	4.10	16:06	3:55	1	-	7	1:44	19.80	1:55:00	5:48	1	-	34	
Loddenke	3.10	13:05	4:13	1	-	6	3:45	22.90	2:08:05	5:35	1	-	34	
Ilseburg/Markt	3.30	15:18	4:38	1	-	9	1:49	26.20	2:23:23	5:28	1	-	6	14:17