



42. Brockenlauf
Ilseburg / 01.09.2012

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Streicher, Sonja

□□: MTV Bevern
□□: 42

□□: 26.20 km
Brockenlauf

□□□□:
Seniorinnen W40 (40-44 Jahre)

□□□: 2:46:44

□□: 9.36 km/h
□□□□: 6:22 min/km

□□□□□/□□□: 303 (of 426)

□□□□□/□: 30 (of 55)

□□□□□□: 2:09:06

□□□□□: 9(of 11)

□□□□□□□: 2:10:33

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	20:34	6:13	9	4:52	33	5:09	3.30	20:34	6:13	9	4:52	3	
Schlüsie	3.10	22:10	7:09	9	4:57	27	4:57	6.40	42:44	6:40	9	9:49	3	
Hermannsklippe	2.60	18:53	7:15	6	3:16	18	3:16	9.00	1:01:37	6:50	9	13:05	3	
Brocken	3.10	32:46	10:34	9	7:01	31	8:17	12.10	1:34:23	7:48	9	20:06	3	
Eiserner Handwe	3.60	19:40	5:27	8	5:00	25	5:00	15.70	1:54:03	7:15	9	25:06	3	
Schlüsie	4.10	19:43	4:48	8	5:04	34	5:21	19.80	2:13:46	6:45	9	30:10	3	
Loddenke	3.10	15:42	5:03	8	3:06	34	6:22	22.90	2:29:28	6:31	9	33:16	3	
Ilseburg/Markt	3.30	17:16	5:13	8	2:57	31	3:47	26.20	2:46:44	6:21	9	36:11	30	37:38