



# 42. Brockenlauf

Ilseburg / 01.09.2012

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Neitzel, Susanne

□□: Halle

□□: 222

□□: 26.20 km

Brockenlauf

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 2:48:08

□□: 9.28 km/h

□□□□: 6:25 min/km

□□□□□/□□□: 309 (of 426)

□□□□□/□: 31 (of 55)

□□□□□□: 2:09:06

□□□□□: 6(of 10)

□□□□□□□: 2:16:44

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□□□□

□□□

| □□□             | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke        | 3.30     | 20:11    | 6:06         | 5       | 3:38    | 28      | 4:46    | 3.30  | 20:11     | 6:06      | 6             | 3:38    | 4       |         |         |
| Schlüsie        | 3.10     | 22:36    | 7:17         | 6       | 4:40    | 30      | 5:23    | 6.40  | 42:47     | 6:41      | 6             | 8:18    | 4       |         |         |
| Hermannsklippe  | 2.60     | 20:07    | 7:44         | 5       | 4:01    | 27      | 4:30    | 9.00  | 1:02:54   | 6:59      | 6             | 12:19   | 4       |         |         |
| Brocken         | 3.10     | 33:50    | 10:54        | 7       | 7:40    | 36      | 9:21    | 12.10 | 1:36:44   | 7:59      | 6             | 19:59   | 4       |         |         |
| Eiserner Handwe | 3.60     | 20:05    | 5:34         | 5       | 3:45    | 27      | 5:25    | 15.70 | 1:56:49   | 7:26      | 6             | 23:44   | 4       |         |         |
| Schlüsie        | 4.10     | 18:12    | 4:26         | 5       | 2:03    | 23      | 3:50    | 19.80 | 2:15:01   | 6:49      | 6             | 25:47   | 4       |         |         |
| Loddenke        | 3.10     | 15:43    | 5:04         | 6       | 2:33    | 36      | 6:23    | 22.90 | 2:30:44   | 6:34      | 6             | 28:20   | 4       |         |         |
| Ilseburg/Markt  | 3.30     | 17:24    | 5:16         | 6       | 3:04    | 33      | 3:55    | 26.20 | 2:48:08   | 6:25      | 6             | 31:24   | 31      | 39:02   |         |