



42. Brockenlauf Ilseburg / 01.09.2012

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Müller, Susann

□□: Brockenlaufverein

□□: 213

□□: 26.20 km

Brockenlauf

□□□□:

Seniorinnen W45 (45-49 Jahre)

□□□: 2:48:16

□□: 9.34 km/h

□□□□: 6:25 min/km

□□□□□/□□□: 310 (of 426)

□□□□□/□: 32 (of 55)

□□□□□□: 2:09:06

□□□□□: 5(of 14)

□□□□□□□: 2:23:23

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	19:47	5:59	5	2:12	23	4:22	3.30	19:47	5:59	5	2:12	5	
Schlüsle	3.10	23:06	7:27	7	4:37	34	5:53	6.40	42:53	6:42	5	6:49	5	
Hermannsklippe	2.60	21:20	8:12	7	4:08	39	5:43	9.00	1:04:13	7:08	5	10:57	5	
Brocken	3.10	34:38	11:10	7	6:16	39	10:09	12.10	1:38:51	8:10	5	17:13	5	
Eiserner Handwe	3.60	20:55	5:48	6	3:39	36	6:15	15.70	1:59:46	7:37	5	20:52	5	
Schlüsle	4.10	19:42	4:48	5	3:36	32	5:20	19.80	2:19:28	7:02	5	24:28	5	
Loddenke	3.10	13:22	4:18	2	0:17	8	4:02	22.90	2:32:50	6:40	5	24:45	5	
Ilseburg/Markt	3.30	15:26	4:40	2	0:08	12	1:57	26.20	2:48:16	6:25	5	24:53	32	39:10