



42. Brockenlauf

Ilseburg / 01.09.2012

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Rohde, Peter

□□: TuS Kirchwalsede
 □□: 172

Enduro Long Men

□□□□:
 Senioren M60 (60-64 Jahre)

□□□: 2:50:08

□□: - km/h
 □□□□: 6:29 min/km

□□□□□/□□□: 323 (of 426)

□□□□□/□: 290 (of 371)

□□□□□□: 1:42:20

□□□□□: 10(of 21)

□□□□□□□: 2:17:19

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:56	6:38	16	5:27	338	9:30	3.30	21:56	6:38	13	0:44	290	9:30	
Schlüsie	3.10	22:58	7:24	12	4:44	311	9:32	6.40	44:54	7:00	13	1:54	290	19:02	
Hermannsklippe	2.60	20:32	7:53	12	4:20	299	8:47	9.00	1:05:26	7:16	13	2:38	290	27:49	
Brocken	3.10	32:52	10:36	13	6:43	296	14:46	12.10	1:38:18	8:07	13	2:10	288	42:35	
Eiserner Handwe	3.60	22:07	6:08	13	5:33	315	10:09	15.70	2:00:25	7:40	13	2:15	290	52:02	
Schlüsie	4.10	18:58	4:37	9	3:20	254	7:02	19.80	2:19:23	7:02	13	0:40	290	58:25	
Loddenke	3.10	14:51	4:47	5	1:52	224	4:38	22.90	2:34:14	6:44	13		290	1:03:03	
Ilseburg/Markt	3.30	15:54	4:49	4	1:08	198	4:45	-	2:50:08	-	10	32:49	290	1:07:48	