



42. Brockenlauf

Ilseburg / 01.09.2012

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Müller, Diana

□□: Vitalics Sport Center

□□: 232

□□: 26.20 km

Brockenlauf

□□□□:

Seniorinnen W30 (30-34 Jahre)

□□□: 2:59:34

□□: 8.69 km/h

□□□□: 6:51 min/km

□□□□□/□□□: 363 (of 426)

□□□□□/□: 40 (of 55)

□□□□□□: 2:09:06

□□□□□: 4(of 5)

□□□□□□□: 2:24:46

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	23:30	7:07	5	5:01	50	8:05	3.30	23:30	7:07	4	2:56	13	1:30
Schlüsie	3.10	23:26	7:33	4	4:18	39	6:13	6.40	46:56	7:19	4	6:46	13	0:03
Hermannsklippe	2.60	20:45	7:58	4	4:03	31	5:08	9.00	1:07:41	7:31	4	10:49	13	
Brocken	3.10	33:31	10:48	4	9:02	34	9:02	12.10	1:41:12	8:21	4	19:51	13	
Eiserner Handwe	3.60	22:30	6:15	5	4:48	46	7:50	15.70	2:03:42	7:52	4	24:39	13	
Schlüsie	4.10	20:43	5:03	5	5:05	45	6:21	19.80	2:24:25	7:17	4	29:44	13	
Loddenke	3.10	16:48	5:25	5	4:24	44	7:28	22.90	2:41:13	7:02	4	32:50	13	
Ilseburg/Markt	3.30	18:21	5:33	5	3:42	41	4:52	26.20	2:59:34	6:51	4	34:48	40	50:28