



42. Brockenlauf

Ilseburg / 01.09.2012

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Weber, Hartwig

□□: Magdeburg

□□: 214

□□: 26.20 km

Brockenlauf

□□□□:

Senioren M60 (60-64 Jahre)

□□□: 3:04:41

□□: 8.45 km/h

□□□□: 7:03 min/km

□□□□□/□□□: 378 (of 426)

□□□□□/□: 335 (of 371)

□□□□□□: 1:42:20

□□□□□: 17(of 21)

□□□□□□□: 2:17:19

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 21:44 | 6:35 | 15 | 5:15 | 332 | 9:18 | 3.30 | 21:44 | 6:35 | 6 | 0:32 | 335 | 9:18 |
| Schlüsie | 3.10 | 24:53 | 8:01 | 18 | 6:39 | 347 | 11:27 | 6.40 | 46:37 | 7:17 | 6 | 3:37 | 335 | 20:45 |
| Hermannsklippe | 2.60 | 21:20 | 8:12 | 16 | 5:08 | 322 | 9:35 | 9.00 | 1:07:57 | 7:33 | 6 | 5:09 | 335 | 30:20 |
| Brocken | 3.10 | 32:26 | 10:27 | 11 | 6:17 | 285 | 14:20 | 12.10 | 1:40:23 | 8:17 | 6 | 4:15 | 335 | 44:40 |
| Eiserner Handwe | 3.60 | 22:11 | 6:09 | 14 | 5:37 | 317 | 10:13 | 15.70 | 2:02:34 | 7:48 | 6 | 4:24 | 335 | 54:11 |
| Schlüsie | 4.10 | 24:13 | 5:54 | 19 | 8:35 | 355 | 12:17 | 19.80 | 2:26:47 | 7:24 | 6 | 8:04 | 335 | 1:05:49 |
| Loddenke | 3.10 | 18:20 | 5:54 | 18 | 5:21 | 338 | 8:07 | 22.90 | 2:45:07 | 7:12 | 6 | 10:09 | 335 | 1:13:56 |
| Ilseburg/Markt | 3.30 | 19:34 | 5:55 | 18 | 4:48 | 333 | 8:25 | 26.20 | 3:04:41 | 7:02 | 17 | 47:22 | 335 | 1:22:21 |