



42. Brockenlauf

Ilseburg / 01.09.2012

□□□□

Grajetzki, Ina

□□□: 3:04:46

□□: 109

□□: 8.44 km/h

□□□□: 7:03 min/km

□□: 26.20 km

□□□□□/□□□: 379 (of 426)

Brockenlauf

□□□□□/□: 44 (of 55)

□□□□□□: 2:09:06

□□□□:

□□□□□: 8(of 10)

Seniorinnen W50 (50-54 Jahre)

□□□□□□□: 2:16:44

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:45	6:35	6	5:12	39	6:20	3.30	21:45	6:35	8	5:12	17	
Schlüsie	3.10	24:22	7:51	7	6:26	44	7:09	6.40	46:07	7:12	8	11:38	17	
Hermannsklippe	2.60	22:57	8:49	8	6:51	47	7:20	9.00	1:09:04	7:40	8	18:29	17	
Brocken	3.10	37:17	12:01	9	11:07	48	12:48	12.10	1:46:21	8:47	8	29:36	17	0:56
Eiserner Handwe	3.60	23:24	6:29	10	7:04	50	8:44	15.70	2:09:45	8:15	8	36:40	17	2:53
Schlüsie	4.10	21:35	5:15	9	5:26	47	7:13	19.80	2:31:20	7:38	8	42:06	17	4:52
Loddenke	3.10	15:43	5:04	6	2:33	36	6:23	22.90	2:47:03	7:17	8	44:39	17	4:34
Ilseburg/Markt	3.30	17:43	5:22	7	3:23	36	4:14	26.20	3:04:46	7:03	8	48:02	44	55:40