



# 42. Brockenlauf

Ilseburg / 01.09.2012

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## Warns, Hajo

□□: Oberlethe  
 □□: 73

□□: 26.20 km  
 Brockenlauf

□□□□:  
 Senioren M50 (50-54 Jahre)

□□□: 3:05:15

□□: 8.42 km/h  
 □□□□: 7:04 min/km

□□□□□/□□□: 385 (of 426)

□□□□□/□: 341 (of 371)

□□□□□□: 1:42:20

□□□□□: 51(of 57)

□□□□□□□: 2:05:19

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:26	6:47	51	6:48	350	10:00	3.30	22:26	6:47	23	1:49	341	10:00
Schlüsie	3.10	24:15	7:49	51	6:48	341	10:49	6.40	46:41	7:17	23	2:41	341	20:49
Hermannsklippe	2.60	22:45	8:45	52	7:45	345	11:00	9.00	1:09:26	7:42	23	4:36	328	31:49
Brocken	3.10	38:26	12:23	55	14:26	358	20:20	12.10	1:47:52	8:54	23	11:55	341	52:09
Eiserner Handwe	3.60	21:18	5:55	45	6:50	295	9:20	15.70	2:09:10	8:13	23	14:25	341	1:00:47
Schlüsie	4.10	19:30	4:45	41	5:52	268	7:34	19.80	2:28:40	7:30	23	14:36	341	1:07:42
Loddenke	3.10	15:38	5:02	40	4:06	271	5:25	22.90	2:44:18	7:10	23	14:09	341	1:13:07
Ilseburg/Markt	3.30	20:57	6:20	52	8:01	350	9:48	26.20	3:05:15	7:04	51	59:56	341	1:22:55